

Mental Health Services in Sacramento County

How and where to achieve Mental Health Services in Sacramento County. For information and referral services for all Child and Family Integrated System of Care Service contact:

Child and Family ACCESS Team

3331 Power Inn Road, Suite 170, Sacramento, California 95826

(916) 875-9980 Mon – Fir 8:00 am – 5:00 pm or (888) 881-4881 toll free

The Child and Family ACCESS Team is the entry point for all county operated and contracted child and family planned mental health services. If you want to make a self-referral to the Child and Family Institute or the CAARE Diagnostic Center for participation in their parenting classes then, you can call ACCESS and describe your situation to them. You do not have to have a case worker to be eligible for ACCESS services. Services include:

- Outpatient
- School Based Mental Health Services
- Psychological Services
- In-Home Counseling
- Home Visitation Programs
- Therapeutic Behavioral Services and much more...

Crisis Evaluation

Sacramento County Mental Health Treatment Center

2150 Stockton Blvd

Sacramento, California 95817

(916) 871-1000 or (916) 688-2000

Monday – Friday 8:30 am – 5:00 pm

Minor Emergency Response Team (M.E.R.T.)

(916) 875-1113 OR (916) 875-1114

Victims of Crime

Victim Witness Compensation Department

(916) 874-5701