

Books on Post-Traumatic Stress Disorder:

Courage After Fire: Coping Strategies for Returning Soldiers and Their Families. (2005). K. Armstrong, S. Best, & P. Domenici. Berkeley, CA: Ulysses Press.

Down Range: To Iraq and Back. (2005). B. Cantrell & C. Dean. Washington: WordSmith Books.
Trauma and Recovery: The Aftermath of Violence – From Domestic Abuse to Political Terror. (Rev) (1997). J. Herman. New York: Basic Books.

Recovering After the War. (1990). P. Mason. New York: Penguin Books.

Trust After Trauma: A Guide to Relationships for Survivors and Those Who Love Them. (1988). A. Matsakis. Oakland, CA: New Harbinger.

Vietnam Wives: Facing the Challenges of Life with Veterans Suffering from Post-Traumatic Stress Disorder. (2nd ed.) (1998). A. Matsakis. Baltimore: Sidran Press. *Post-Trauma Stress.* (2000). F. Parkinson. Tucson: Fisher Publishing.

Finding My Way: A Teen's Guide to Living with a Parent Who Has Experienced Trauma. (2005). M. D. Sherman & D.M. Sherman. Edina, MN: Beaver's Pond Press. Available at www.seedsofhopebooks.com

Website:

www.nctsn.org – The National Child Traumatic Stress Network